

Νεώτεροι Παράγοντες Καρδιαγγειακού Κινδύνου

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ΠΙΝΑΚΑΣ 1

Categories of Risk Factors for Coronary Heart Disease (CHD)*

Conventional	Predisposing	Conditional	"Emerging"
Cigarette smoking	Overweight and obesity	Homocysteine	Lipoprotein-associated phospholipase A ₂ ^{9,10}
Elevated blood pressure	Physical inactivity	Fibrinogen	Pregnancy-associated plasma phosphatase ¹¹
Elevated serum cholesterol	Male sex	Lipoprotein(a)	Asymmetric dimethylarginine ¹²
Low HDL cholesterol	Family history of early-onset CHD	Small LDL particle size	Myeloperoxidase ¹³
Diabetes mellitus	Socioeconomic factors	C-reactive protein	Nitrotyrosine ¹⁴
	Behavioral factors		Measures of oxidative stress ¹⁵
	Insulin resistance		Candidate gene polymorphisms

*HDL = high-density lipoprotein; LDL = low-density lipoprotein.

Modified from *Circulation*.¹⁶

Mayo Clin Proc Feb 2005;80(2):219-230

ΠΙΝΑΚΑΣ 2

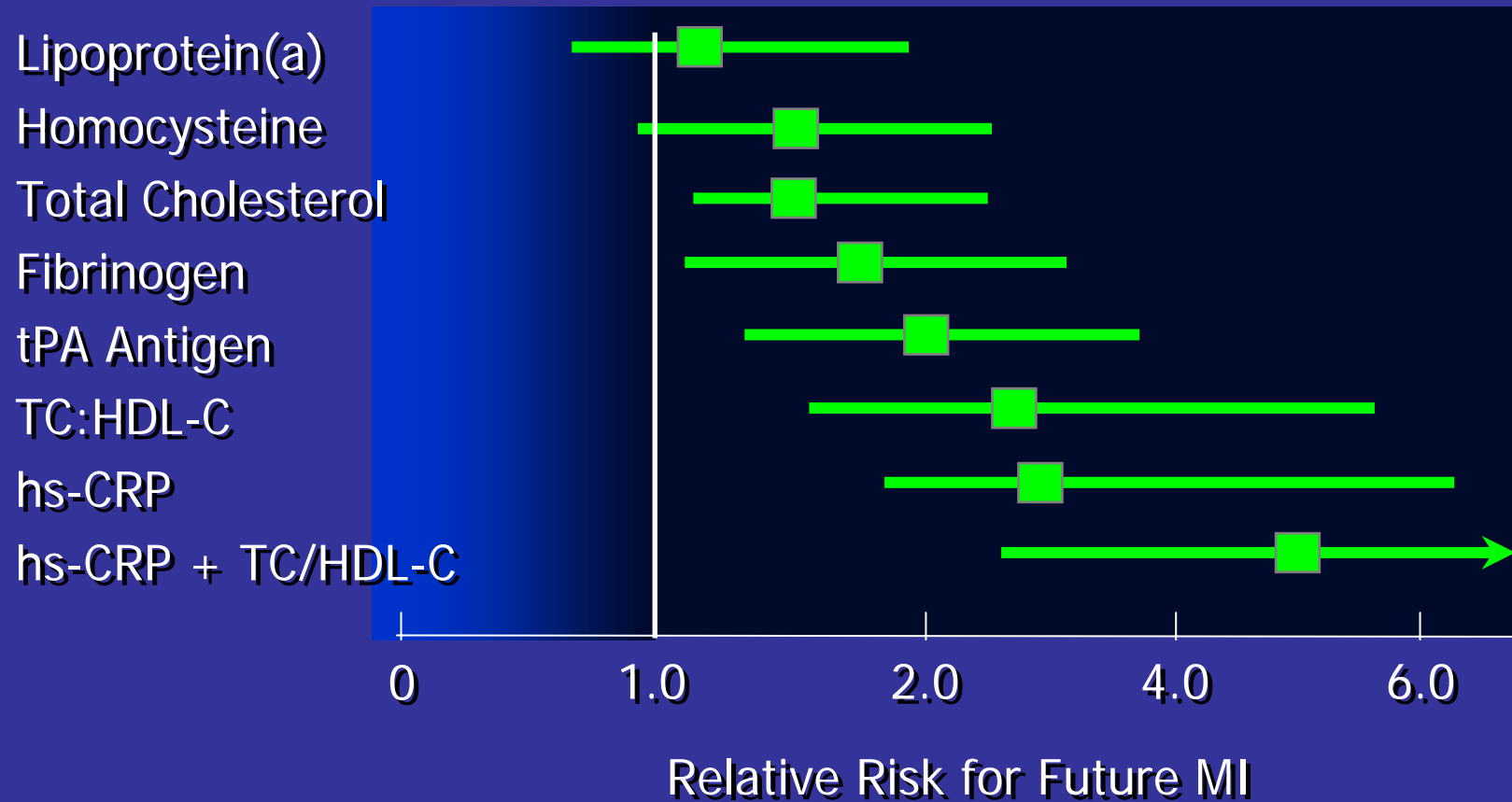
Old, Old/New, and New Risk Factors for Atherosclerosis

Old	Old/New	New
Sex (men>women)	High-normal blood pressure	Apolipoprotein B; apolipoprotein A-I
Age	Metabolic syndrome	Triglycerides; triglyceride-rich lipoprotein remnants
Family history of premature cardiovascular disease	Diabetes mellitus; impaired glucose tolerance; impaired fasting glucose	Small, dense LDL; oxidized LDL; antibodies against oxidized LDL
Total cholesterol; LDL cholesterol; HDL cholesterol (negative risk factor)		Lipoprotein(a)
Hypertension		Homocysteine
Smoking		High-sensitivity C-reactive protein
Overweight/obesity		

HDL indicates high-density lipoprotein; LDL, low-density lipoprotein.

ΠΙΝΑΚΑΣ 3

Relative Risks of Future MI among Apparently Healthy Middle-Aged Men: *Physician's Health Study*



*Ridker PM. Ann Intern Med 1999;130:933-937.
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